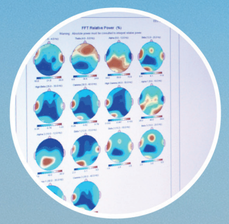
Clinical Pharmacogenetic Laboratory:

Therapeutic drug monitoring, personalized pharmaceutical therapy, pharmacogenomics, phenotyping and genotyping.



Brain Simulation Laboratory:

Administration of therapy methods such as ECT, rTMS, Microstimulation (CES) and tDCS.

Brain Imaging Laboratory:

Topographic EEG, MRI compatible EEG, QEEG – Brain Mapping, functional MRI, volumetric MRI and MR spectroscopy.

Neuropsychology Laboratory:

Administration of Rehacom, a Computerized Cognitive Rehabilitation Program by the Vienna Test System, for rehabilitation of patients cognitive processes and other neuropsychological tests.

Online Telepsychiatry Platform

For our international patients, therapy and treatment services through the online system are provided.

Child and Adolescent Unit:

Clinical treatment of children with psychiatric illnesses.

Ergotherapy – Recreational Therapy:

Marbling-on-paper study, musical therapy, yoga classes, drawing/painting classes and our summer/winter garden.

Neurobiofeedback, EMG and Sleep Study

NPIstanbul Addiction Clinic

For the last 2 years our addiction clinic in NPISTANBUL Neuropsichiatric Hospital has been giving inpatint and outpatient tretament. In our treatment team there are 3 psychiatrist, 4 clinical psychologists, 5 nurses and 4 health security personal, wich have all specialized in addiction treatment under the supervision of Prof. Dilbaz.

Our goal is to giving multidisciplinary care to our patients, from psychotherapy to medical treatment. Individual psychotherapy, group therapy, councelling, biofeedback, neurobiofeedback, rTMS, ergotherapy are adminsitered according to the patients needs.

Emergency Psychiatric Ambulance & Intensive Care Unit:

Emergency intervention and maintenance of psychiatric patients with excessive and/or harmful behavior.

In order to establish a purposeful University that has the vision to provide world-class education, Üsküdar University was officially founded by NPGROUP on 03.March.2011. The purpose is to contribute to the socio-economic and cultural structure of our country, the Üsküdar University set out to provide international level education and research in the areas of science, health, tourism, historical and cultural resources management. Üsküdar University has over 3000 students studying on three campuses. Üsküdar University is affiliated with the NPİSTANBUL Neuropsychiatry Hospital.

INTERNATIONAL PATIENT RELATIONS

NPİSTANBUL Hospital International Patient Center, designed as a "one-stop" service center, offers healthcare services from the day of your request until the time you return to your home country. It is the initial point of contact for acquiring medical information, orientation and registration.
Do you have concerns about visiting a hospital abroad?
We are here to assist you with all your need and to make you feel at home.

Regarding your questions and inquiries please contact;
Miss. Nagihan KOÇ
International Patient Relations:
Direct Phone: +902166330625
Phone: +902166330633
E mail: nagihan.koc@uskudar.edu.tr

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Cooperation of Neurology, Pyschiatry and Psychology

ÜSKÜDAR UNIVERSITY

NPİ® STANBUL
Neuropsychiatry Hospital

Joint Commission International Quality Approval

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Therapy by Measurement of Brain Functions Continued – Scientific Advancement Patient-oriented Care & Openness in Care Confidentiality in Therapy

Our goal is to develop as a well-established private health institution that aids in the activation of mental health by providing freely accessible, cost efficient and quality-oriented mental health services first in İstanbul, then in the Middle East and finally in the Balkans. By doing so we hope to be first mental health care provider that comes to the mind of your patients and their relatives.

Throughout our in-patient and out-patient services, we utilize modern scientific instruments and standardized conditions in order to provide solutions for problems related to mental health in order to increase the public's knowledge and maintenance of health. For us human health is defined as the happiness of all.

Taking client rights and responsibilities into consideration, we are working client-orientedly and giving high significance to the client safety, client's and their families satisfaction.

We provide multidisciplinary care in Neurology, Psychology and Psychiatry.

We work in compliance with the law, regulation and ethical rules.

In our continual quality improvement understanding, we accept knowledge, humanistic values and innovation.

We create a working environment in which the teamwork and collaboration are highly important. We support our employees' knowledge and skill improvement in order that they can be qualified in their areas and encourage them about this.

We create the safest environment for our clients, their families and our staff and support our substructure by following the technologies developing the quality and modernity of our services.

In addition to provide current and international diagnosis and treatment services, we also ensure clients' and their families participation by education and supporting them.

We have activities for not only diagnosis and treatment services but also providing protective care services. We serve for maintaining community mental health.

We follow our processes and outcomes with the scientific methods in order to establish an effective administration and business system.

We provide accurate diagnosis and treatment services in good prices and in compliance with the scientific norms.

NPİSTANBUL Neuropsychiatry Hospital is the first private, neuropsychiatry hospital in Turkey. NP Group is the combined association of health institutions such as: The NPİSTANBUL Neuropsychiatry Hospital, NPFeneryolu Polyclinic, NPEtiler Polyclinic and Human Values and Mental Health Foundation. As well as the Üsküdar University.

FROM YESTERDAY UNTIL TODAY

With the application of modern scientific instruments and standardized conditions the NP Group was developed to provide solutions to mental health problems throughout our in-patient and out-patient services to help increase the. For us human health is defined as the happiness of all.

In 1998, the hospital's diagnostic and therapeutic units were fully upgraded with the addition of the following technologies: The EEG brain-mapping method, also known as QEEG; the computerized clinical neurofeedback tests and the computerized educational modules.

Our very first facility was the Memory Center of America in İstanbul, Turkey located on Bağdat Street. The president at the time, Süleyman Demirel, attended the opening ceremony of the Memory Center of İstanbul. The Memory Center was the first facility in Turkey to utilize new psychiatric techniques such as 'Brain Check-up' and 'TMS' and has continued to provide services for patients non-stop since then.

On October 3, 2000, with the attendance of the president of the Memory Center of America Mr. wells, we opened up our Child and adult Psychiatry Clinic. It pleases us to be the first center in Turkey to utilize techniques such as: "Therapy by measurement of neural functions" and "thought-oriented therapy.

We continued to introduce the cooperation of Neurology, Psychiatry and Psychology from theory to practice. On February 2003, we opened up our Center for Adult Neurology and Psychiatry at the 5-story villa in Feneryolu, İstanbul and the adult-Child Psychiatry service at the mansion right behind it. On November 2006, we began utilizing functional and volumetric MRI techniques.

Finally, as the country's need for a mental health institution with efficient beds surmounted, we decided to open Turkey' first neuropsychiatric hospital: NPİSTANBUL. On March 20th, 2007 we had an opening ceremony along with the visit of the president of the Turkish National Assembly (TBMM).

In June 2009, we became the first mental health institution in Turkey to have it's own pharmacogenetic and toxicology laboratories. Then on August 10th, 2009, along with the opening of the NPİSTANBUL Etiler Clinic, we developed a Child and Adolescent Psychiatry Unit and an adult Sleep Disorders Unit at our hospital, and we also began providing services for Neurological and Internal Diseases.

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ISO 9001:2008
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Joint Commission International – Quality Approval

Organization Accredited by Joint Commission International

NEUROIMAGING (NEUROSCIENCE) LABORATORY

TRANSCRANIAL MAGNETIG STIMULATION [TMS] THERAPY

MEASUREMENT - BASED PSYCHIATRIC TREATMENT

PERSONALIZED TREATMENT PHARMACOGENETIC LABORATORY

BRAIN MAPPING (NEUROIMAGING) LABORATORY

TREATMENT BY MEASURING BRAIN FUNCIONS

The hospital is built on a 7000 m² closed area which is fully equipped with: 50 beds, open (semi-privileges)/closed (no-privileges) in-patient wards, an Intensive Care Unit, a neuroimaging center, a neuroscience center, MRI, ECT with anesthesiology, TMS, a sleep laboratory, a pharmacogenetic laboratory and a toxicology laboratory. Along with it's specially trained staff, the NPİSTANBUL Neuropsychiatry Hospital was the first facility in Turkey to utilize new techniques in psychiatry such as: 'Brain Check-up' and 'TMS'. Since then, NPİSTANBUL continues to provide effective services for patients non-stop.

Üsküdar University

NPİSTANBUL® Neuropsychiatry Hospital